

Instructions for Patients Being Sedated:

- Do not eat or drink **ANYTHING** for 6 hours prior to your appointment.

Absolutely no food or liquids at all. This includes plain water (unless otherwise instructed)

- Do not drink any alcoholic beverages the night before the operation.
- We would encourage other arrangements for child care as our office is ill-equipped for children.
- Arrange for a relative or friend to accompany you to the appointment and drive you home afterwards. **Your driver MUST remain in the office during surgery!**
- Do not wear make-up, contact lenses, or jewelry.
- Please wear tennis shoes and long hair pulled back in a ponytail, if possible.
- If you desire a sedative by mouth for relaxation prior to appointment, please call the office.
- Wear a loose or short sleeved shirt to allow the blood pressure cuff to fit easily.

Please let the doctor or our nursing staff know, if any of the following conditions apply to you:

- You are taking any type of blood thinner (Coumadin, Warfarin, Plavix, Vitamin E, Fish Oil supplements, NSAIDS) (i.e. Aleve, Motrin, Aspirin products). Please stop 5 days prior to surgery.
- You require an antibiotic prior to oral surgery due to certain heart conditions: (Heart Murmur, septal defect, valvular defect) or previous joint replacement surgery.
- You have diabetes or high blood pressure.
- You are taking medications for loss of bone density (i.e. bisphosphonates such as, Fosamax, Boniva, or Actonel).
- You have any other health concerns that we should be aware of prior to surgery.