

## **Instructions for Patients Being Sedated:**

- Do not eat or drink **ANYTHING** for 6 hours prior to your appointment.  
**Absolutely no food or liquids at all. This includes plain water (unless otherwise instructed)**
- Do not drink any alcoholic beverages the night before the operation.
- We would encourage other arrangements for child care as our office is ill-equipped for children.
- Arrange for a relative or friend to accompany you to the appointment and drive you home afterwards. **Your driver MUST remain in the office during surgery!**
- Do not wear make-up, contact lenses, or jewelry.
- Please wear tennis shoes and long hair pulled back in a ponytail, if possible.
- If you desire a sedative by mouth for relaxation prior to appointment, please call the office.
- Wear a loose or short sleeved shirt to allow the blood pressure cuff to fit easily.

### **Please let the doctor or our nursing staff know, if any of the following conditions apply to you:**

- You are taking any type of blood thinner (Coumadin, Warfarin, Plavix, Vitamin E, Fish Oil supplements, NSAIDS) (i.e. Aleve, Motrin, Aspirin products). Please stop 5 days prior to surgery.
- You require an antibiotic prior to oral surgery due to certain heart conditions: (Heart Murmur, septal defect, valvular defect) or previous joint replacement surgery.
- You have diabetes or high blood pressure.
- You are taking medications for loss of bone density (i.e. bisphosphonates such as, Fosamax, Boniva, or Actonel).
- You have any other health concerns that we should be aware of prior to surgery.